

Cerebral Palsy Group Training Sessions

TO BE ELIGIBLE CHILDREN MUST

- Be current clients of Kids Physiotherapy
- Have had an individual physiotherapy session within the previous 3 months at Kids Physiotherapy
- Be aged 5 years plus
- Cerebral Palsy with GMFCS II-I
- Parent/carer participation compulsory
- Be able to follow instructions within a group environment
- The child must not be distracting to the other children within the group

SESSIONS INCLUDE:

- Cardiovascular Training (Rower, Xtrainer, Treadmill, Bike)
- Resistance Training
- Functional Training
- Balance & Core Stability
- Lengthening/Stretching

Call 3204 2193 for further information and for availabilities

ALL SESSIONS ATTRACT A REBATE FROM YOUR PRIVATE HEALTH FUND

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